

SOCIAL SPOONS

café meals project

Improving social connectedness

within the StarHealth community.

DINE WITH
me

Member information

socialspoons.org.au  facebook.com/socialspoons

what is social spoons?

- > SOCIAL SPOONS is a project run by **StarHealth**
- > SOCIAL SPOONS encourages isolated members of our community to **dine at supportive and welcoming cafés** in their local area
- > SOCIAL SPOONS provides a **meal subsidy for members** to dine at partner cafés (*see maps next pages*). Each member will be linked with a Key Worker from StarHealth who will aim to connect their member with the wide range of **wonderful social groups, activities and health services** within our local area
- > SOCIAL SPOONS aims to **promote social connectedness** amongst our broader community!



how do we choose the partner cafés?

Cafés have been carefully chosen. They must have:

- ✓ A welcoming environment
- ✓ Communal seating
- ✓ Wheelchair access
- ✓ Public transport access
- ✓ Multiple food options for \$15 or less
- ✓ Foods on display or pictures of foods
- ✓ Healthy options on the menu
- ✓ Friendly, welcoming and interactive staff

current partner cafés

- 1. Bunyip Café** - 313 Coventry Street. South Melbourne. Wednesday to Sunday 8:00am-3:00pm (closed Monday/Tuesday)
- 2. Café Zappa** - 206 Bank Street. South Melbourne. Monday to Friday 6:30am-2:30pm (closed Saturday/Sunday)
- 3. Tracy's @ Toorak** - Shop 12 Village Walk 493 Toorak Road. Toorak. Monday to Friday 7:00am-5:00pm and Saturday 7:30am-4:30pm (the Village Walk Toorak Road entrance is next to Browns Cafe and Tracy's is on the carpark side).
- 4. Recovery Prahran** - 3A Carlton Street, Prahran. Monday to Saturday 7:00am-3:00pm (closed Sunday)
- 5. Green Eggs and Ham Cafe** - 1/22 St Kilda Road, St Kilda. Monday to Friday 7:00am-4:00pm and Saturday 8:00am-3:00pm (closed Sunday)
- 6. Café Bruce** - 134 Carlisle Street. St Kilda. Monday to Friday 7:30am-4:00pm and Saturday 8:00am-12noon

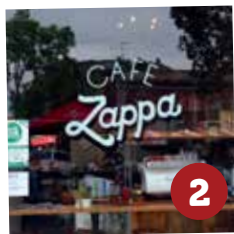
current partner cafe locations

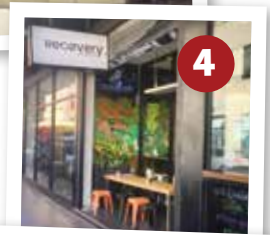
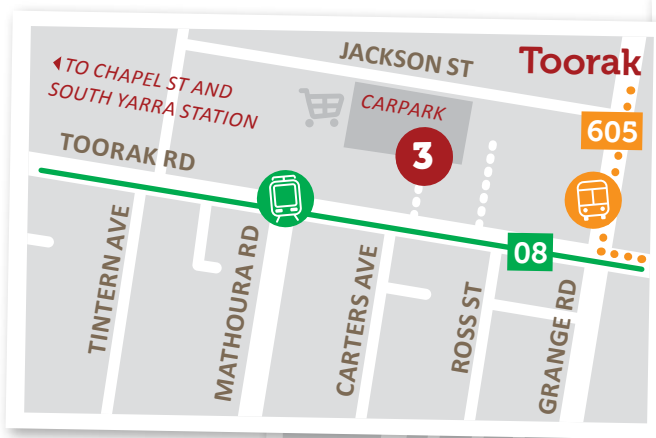


Look for the gold Social Spoons window stickers at the partner cafés.

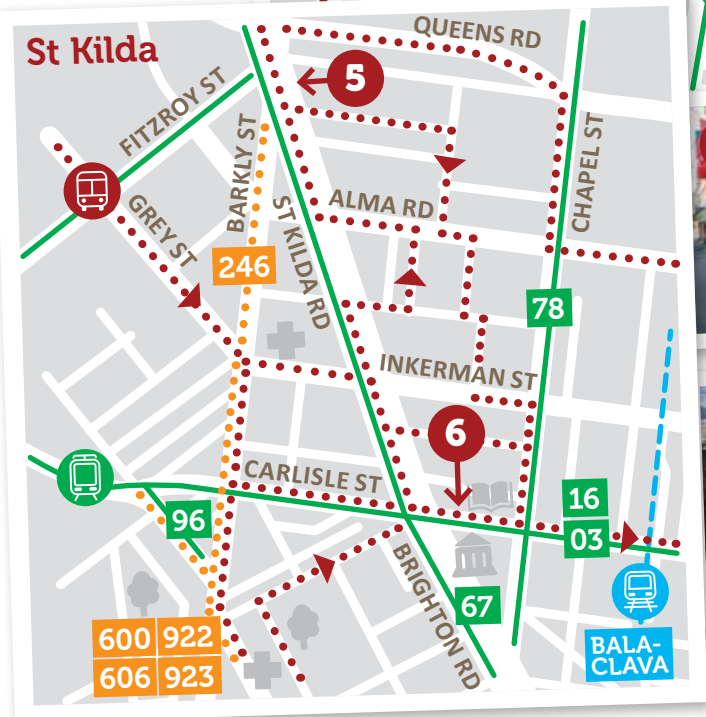
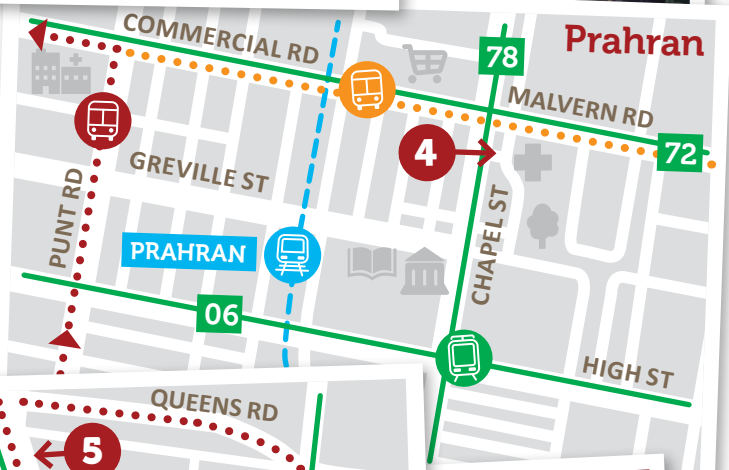


Ask your Key worker for more information about the transport options available in your area.





- Maps Key**
- StarHealth
 - Market
 - Town Hall
 - Library
 - Park
 - Hospital



how does Social Spoons work?

- > Every 4 weeks you will get a new membership card
- > Your membership gives you 5 subsidised meals per month, with the 6th free!
- > Your membership lasts 6 months
- > When you join the program your key worker will support you to visit cafes initially
- > By the end of your 6 months of membership, you will be supported and encouraged to continue to dine at affordable and **socially accepting cafés** within our area. Information about these cafés will be given to you throughout your membership



Social Spoons members pay a minimum of \$2.50 for each cafe meal.

what do you need to do?

- > Take your **membership card** to one of the partner cafés (see maps)
- > Order your meal and show the staff member your membership card. They will **stamp your card** for each subsidised meal you order
- > You only need to **pay \$2.50, plus the extra** if your order is more than \$15

For example, if your order comes to \$16.50, you will pay \$2.50 + \$1.50, so \$4

- ✓ You are encouraged to make **healthy choices** when ordering your meal
- ✓ You are encouraged to **dine in at the café**, rather than ordering take-away
- > Your membership card cannot be used to purchase alcohol





find out more

If you would like to know more about **SOCIAL SPOONS**, please contact **StarHealth** by phone **9525 1300** or email **socialspoons@starhealth.org.au** and ask for the **SOCIAL SPOONS** Program Coordinator

socialspoons.org.au  **facebook.com/socialspoons**

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